

# Improve your inhaler technique here!

## 1. Find your inhaler

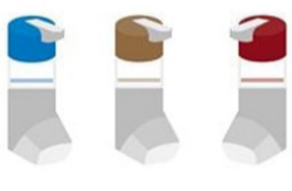

## 2. Scan the QR code

## 3. Watch the video

pMDI




Autohaler

Easyhaler




Turbohaler






Respimat




Handihaler




Zonda

Breezhaler






Ellipta




Easi-breathe




Genuair

Forspiro




NEXThaler




Accuhaler





Spiromax




Tidal Breathing Spacer




If you cannot find your inhaler, please Scan Here:



This has been endorsed by NHS England's National Inhaler Working Group

**Working in Partnership:**

East and North Hertfordshire NHS Trust  
 Hertfordshire Community NHS Trust  
 Hertfordshire Partnership University NHS Foundation Trust  
 Stevenage North Primary Care Network (PCN)

**In association with:**

